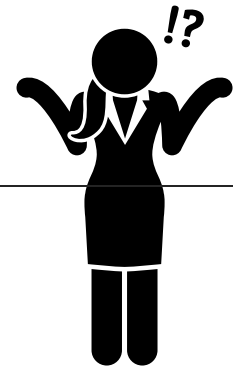
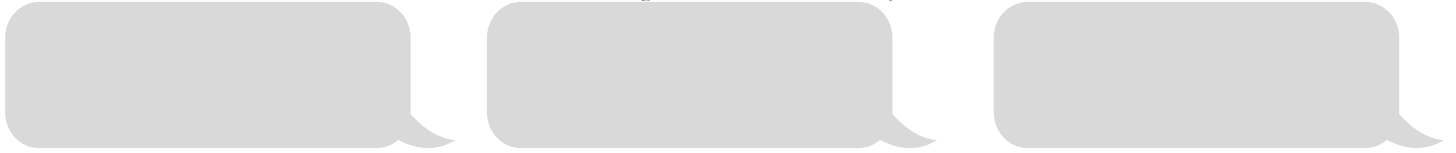


datum _____

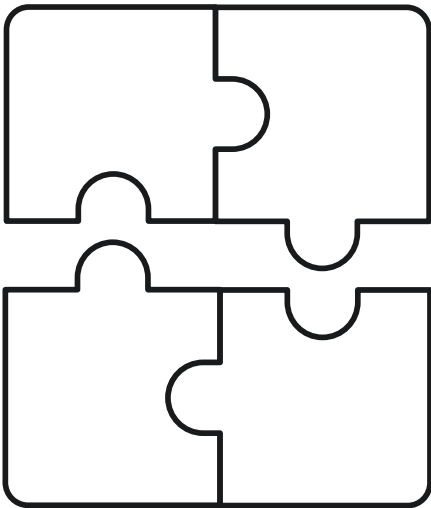
1. Wat is er gebeurd?



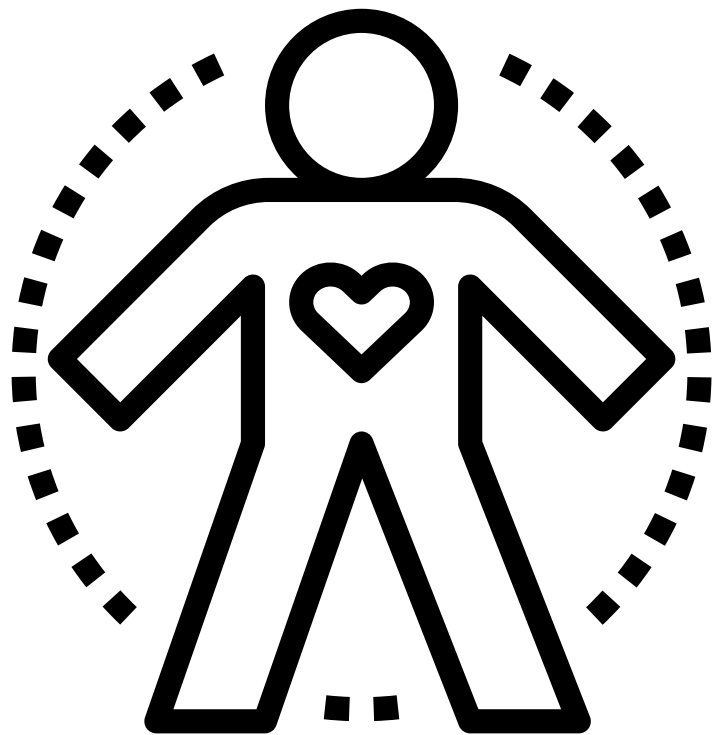
2. Wat waren jouw gedachtes op dat moment?



3. Welke emoties voelde je?



4. Wat voelde je in je lichaam?



5. Wat was je reactie? Hoe gedroeg je je?

