

Unit 1

INTRODUCTION



EQUIPMENT NEEDED FOR THIS UNIT:

- Reading glasses ;-)

Welcome



First of all I want to welcome you to this online '**Running contacts**' class. I am looking forward to working together with you the coming months and to see the progress towards amazing running contracts.

This class can be started at any date, therefore there may be big differences in which unit the different combinations are working at a given moment. Everyone will get individual feedback based on their own level and which unit they have reached.

This class consist of two different parts:

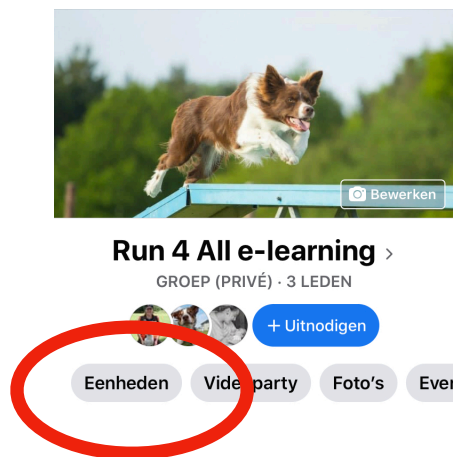
- Theory (which be published in PDF documents)
- Instruction videos (which will be uploaded in a private Facebook group)

Facebook e-learning



This online 'Running contacts' class is run mainly through a private Facebook group.

This is a special e-learning group, where it is possible to categorize the different modules into 'units'.



Eenheden

[+ Eenheid maken](#) [Instellingen](#)

[Beschrijving toevoegen](#)

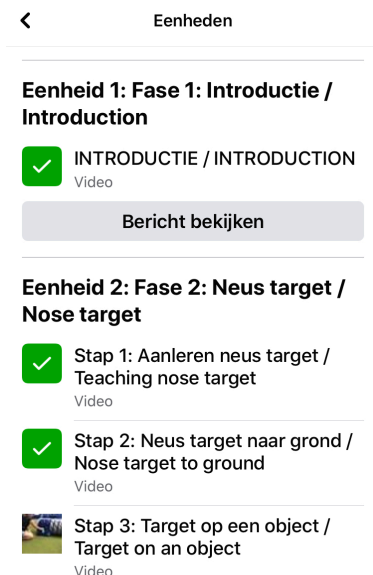
Eenheid 1: Introductie

Geen berichten

Eenheid 2: Uitleg methode

Geen berichten

Here it is possible to keep track how far you are in the process by 'ticking off' if you have seen a video of completed a module.



(voorbeeld uit de korte bochten module)

Posting videos



For the students that have a working spot it is possible to post an unlimited number of videos, but I do have a request to edit the videos and to keep each video to a maximum of 2-3 minutes.

Editing videos:

When editing your video, I would like the video to start when the dog starts going towards the target, plank or dog walk. And I would like it to end a few seconds after you started rewarding, this way it is possible for me to see if you were on time with marking the correct behavior and how enthusiastic you were with rewarding.

The exception is the part where we will be 'shaping' the target, here you can leave longer parts in between.

Name the reward:

For every attempt (for when the dog runs over the target) please explain how you have rewarded. Do this by using the number of the attempt and how you have rewarded.

Example:

- No reward (NR)
- Reward (R)
- Jackpot (JP)

So if it was the dog's 4th attempt and it was a jackpot reward, then please write 4-JP

As an example, I will post a video of how a video can be edited using my phone. I am aware that editing videos is something that takes time, but to get the most out of this course it is important that it is clear for both yourself and for me. This way when I talk about your video when giving feedback, it is clear for both of us exactly which attempt I am referring to.



Uploading video's:

I would prefer if you publish videos on either vimeo or youtube (as private), this way I can also view the videos in slow motion. After you have uploaded the videos, then please post them in the Facebook group under the specific unit/module that you are training at that moment.